

शहीद हेमू कालाणी सर्वोदय बाल विद्यालय  
लाजपत नगर रिंग रोड नई दिल्ली - 110024

हर्ष राणा : अगर दिल में जुनून हो और कोई सही रास्ता दिखाने वाला हो, तो सफलता पाने से हमें कोई नहीं रोक सकता।

राजस्थान के एक छोटे-से गांव से रोजगार की तालाश में दिल्ली आए परिवार के घर मेरा जन्म हुआ। मेरे पिताजी को दिल्ली में एक सिक्युरिटी गार्ड की नौकरी मिली। उनपर पूरे संयुक्त परिवार की जिम्मेदारी थी। उन्होंने मेरा और मेरे चचेरे भाई का दिल्ली के एक सरकारी विद्यालय में नामांकन करवाया। हम वहां खुशी-खुशी पढ़ने लगे।

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NEWS 5

# 14-yr-old's long jump to victory

Once eager to skip school, Harsh took to jump rope and set a new record

**EXCLUSIVE**

By Arpan Rai  
in New Delhi

I was nuisance personified to my teachers and parents. I could barely sit in a class," exclaimed Harsh Rana, who is now a national level gold winner in jump rope championship.

Competing against kids older than his age, 14-year-old Harsh, a resident of south Delhi's Mahangarh village, is among 1,000 students from the country, who participated in the national jump rope championship held in Karnataka last year.

**1,000 students participated in national jump rope competition**

The sport — jump rope — is equivalent to running for 1,000 metres in three minutes, it is believed. Harsh has set a national record of jumping 410 times in three minutes, for which he bagged the gold medal in the tournament.

Harsh is now among the brightest bats in the school, who besides being a national champion, is also the current highest scorer in his class.

"I realised that I wanted to do something fruitful, so I went ahead," says the teenager who trains for over six hours a day.

Harsh starts training as early as 4 in the morning, cycling a lap in global competitions. Harsh's trainer Vivek Somania told Math Today that he saw the energy Harsh exuded and heard of the 500 other participants. The 14-year-old caught his attention, akin to how Ameer Khan spots Rashid Rafiq in Jharkhand's Ranji Trophy.

"I have personally seen aggression in Harsh's demeanor. His sincerity is inspiring," Vivek Somania told Math Today.

"We have seen him channeling his negative energy into something positive. I have seen my sports teacher as well working extra hours to hone Harsh. He



Harsh Rana with K Sharma (left), principal of his school. Harsh plans to participate in global competitions now.

**410**  
jumps in 3 minutes

**₹26k**  
awarded by the Delhi govt



**"I realised that I wanted to do something fruitful, so I went ahead."**

— HARSH RANA, JUMP ROPE CHAMPION



**"I have personally seen eagerness in Harsh to deliver. His sincerity is inspiring."**

— VIVEK SOMANIA, HARSH'S COACH

is a student case of education and schooling gone right, where a wild child has become a national jump rope champion," said R K Sharma, principal of Delhi government-run Shriharid Hemo Kumar Sarayaya Bal Vidyalaya in Lajpat Nagar, where Harsh studies. His father is a migrant from Rajasthan working in south Delhi in a normal job, who has

shouldered the responsibility to bring up seven kids, five of his own and two of his late brother.

Making enough to just get out a living, Harsh's father Kushpal Singh Rana now intends to use the ₹26,000 awarded by the Delhi government for Harsh's education and training. "I am aware that this is not going to cover his educa-

tion of Harsh's expenses but I am willing to use it all to tap out his full potential," said Kushpal.

Kushpal added that it is a matter of pride to see his son, who once was a reason for Harsh's multiple visits to school for misconduct, chart out a successful entrepreneurial studies and training in sports

## AIMPLB to adopt social media for Sharia laws

In a bid to clear confusion over Sharia laws, the All India Muslim Personal Law Board has decided to tread the social media path and also explore the possibility of starting a TV news channel and newspaper.

The board has decided to constitute a special social media committee, which will provide clear information about various issues pertaining to divorce, marriage, halala, Wazana Bag Inheritance Rights and women's rights among other issues. It will also convey the board's stand on these controversial issues.

Senior office bearers, along with a large section from the medium through which Sharia laws are being criticised, the same medium should be utilised to register our presence and also to present the right picture of things, AIMPLB senior executive member

Muhammad Yunus Khan said. He said in the meeting of AIMPLB in Lucknow on April 23 and 24, this issue cropped up and it was decided to form a social media committee. Most of the office bearers in principle had agreed to the idea. PTI

## Aadhaar goof-up on Jharkhand govt website

THE AADHAAR numbers of lakhs of pension beneficiaries were displayed on a government website in Jharkhand.

An Aadhaar account holds all the vital information of your being: it has your address, your date of birth, contact number, along with biometric information stored through 10 fingerprint scans and retina scans.

And according to the Aadhaar act, the unique identity number can't be "published, displayed or posted publicly".

It is unclear how long the data was displayed. However, by late evening, the website had been blocked.

The security lapse came to light after Unique Identification Authority of India informed Jharkhand government about the major privacy breach. This comes after a privacy nightmare for cricketer M S Dhoni when Aadhaar registration details were recently shared on Twitter.

The new leak has once again raised questions whether Aadhaar data can be kept safe.

India Today

हमारे विद्यालय में खेल प्रतियोगिता की तैयारी चल रही थी। हमारे पीइटी सर रस्सी कूद प्रतियोगिता करवा रहे थे। मैं भी इसमें हिस्सा लेने के लिए आगे बढ़ा, तो सभी मुझ पर हँसने लगे, क्योंकि इसमें मुझसे बड़ी क्लास के बच्चे हिस्सा ले रहे थे। जब प्रतियोगिता आरंभ हुई तो सभी बच्चों में मैं अक्वल आया। इससे पीइटी सर के साथ खड़े अन्य गुरुजन एवं बच्चे आश्चर्यचकित रह गए और सभी ने मेरी तारीफ की। मैं अब पीइटी सर के साथ प्रतिदिन अभ्यास करने लगा। इस खेल के प्रति मेरी लगन को देखकर सर ने मेरे पिताजी से मिलकर राज्य तथा राष्ट्रीय स्तर की प्रतियोगिता के लिए मुझे तैयार करने की योजना बनाई। हमारे अंदर भी अपने देश के लिए कुछ करने का जज्बा जगा। हमसब बहुत खुश थे। इसी बीच हमारे पीइटी सर का शहीद हेमू कालाणी सर्वोदय विद्यालय, लाजपत नगर में स्थानांतरण हो गया। इसके साथ ही हमारी सारी योजनाओं पर पानी फिरता नजर आया। लेकिन हमारे पीइटी सर ने हार नहीं मानी और अपने प्रधानाचार्य श्री बी के शर्मा जी से बात कर हमारा भी इसी विद्यालय में स्थानांतरण करवा दिया। अब पीइटी सर और प्रधानाचार्य जी, इस खेल के लिए मुझे लगातार प्रोत्साहित करते रहे। मुझे रस्सी कूद खेल के राष्ट्रीय कैंप में भेजा गया। वहाँ मैंने प्रशिक्षण प्राप्त किया, लेकिन प्रतियोगिता में दूसरे शहर में जाने के लिए मेरे पास पैसे नहीं थे। तब पीइटी सर ने मेरी आर्थिक मदद की और मैंने इस प्रतियोगिता में स्वर्ण पदक प्राप्त किया।





यह मेरे और मेरे परिवार के जीवन की सबसे बड़ी उपलब्धि थी। इसने हमारी सामाजिक और आर्थिक स्थिति बदल दी। इसके पश्चात भूटान में आयोजित जूनियर दक्षिण एशिया रस्सी कूद चैंपियनशिप में मैंने 14 वर्ष की आयु में पहला अंतरराष्ट्रीय पदक जीता और अभी आगे की तैयारी जारी है।

शून्य से यहाँ तक के सफर के लिए मैं एकबार फिर से अपने पीढ़ी सर और प्रधानाचार्य श्री बी. के. शर्मा जी का हृदय से आभार व्यक्त करता हूँ।

